

Our Mission

To support and encourage individuals and families to reach their full potential as members of their community.

Services provided to:
 491 People with Disabilities
 15,841 Children and Youth
 4,470 Families
 4,160 Adults

LUKAS' STORY

At just 16 years old, Lukas has faced more challenges and hardships than most experience in a lifetime. Lukas was apprehended by Child and Family Services shortly after birth due to concerns of domestic violence, exposure to alcohol and drug abuse, and transience. Since then he has been in 13 different foster homes. Rock bottom for Lukas came after being separated from his biological brother at a young age and the passing of his father whom he never got to meet. A difficult childhood was further complicated by an FASD diagnosis which continues to present unique challenges in his daily life.

Despite these hardships, Lukas feels his experiences have helped him appreciate everything he has now and have shaped him as a person. "I try and take life one day at a time and I'm working on building a positive network of people who can help me deal with whatever each day brings."

Through the High Fidelity Wraparound program Lukas' supports now include his biological brother, who he reconnected with, his youth worker and his current foster family. Lukas also recently reconnected with his biological mother and has met relatives from outside the city for the first time.

The future now looks much different than the path Lukas started on. For the first time Lukas is experiencing the true meaning of home and is in the process of being adopted by his foster parents. As an involved school and community member, Lukas is playing football, supporting outreach initiatives that promote leadership and inspires Aboriginal youth to become future leaders.

He is already making plans to attend post-secondary following graduation. "I'm learning how to be a leader through positive communication, by respecting myself and others, and want to better understand who I am, so I can help others." Lukas plans to share his story with other kids who face daily struggles and barriers to be successful, including youth in custody at the Calgary Young Offender Centre.

In recognition of his resiliency, optimism and positive contributions to community, Lukas was recently nominated for a Youth of Distinction Award through Youth Central; an organization that supports youth to be active in all aspects of community life. It came as no surprise when Lukas won the award given his remarkable display of character and commitment to bettering himself and those around him.



Chad Evans

2016/17 Provincial Board of Directors
 (at March 31, 2017)

Executive Committee:
 President: Chad Evans
 Vice President: Perry Sollway
 Treasurer: Todd Fior
 Secretary: Pat Johnson

Members:
 Jace Anderson
 Peter Claghorn
 Coreen Dolan
 Valerie Dyck

Member at Large:
 Mikk Peek

President's Message

My name is Chad Evans and I am truly honoured to have been elected President of the Provincial Board of Directors for the 2017-2018 term.

The past year was filled with challenges and surprises - both expected and unexpected. I am proud to say that the agency responded to those challenges and surprises with innovation, creativity and an unwavering commitment to providing the best services possible.

We were all shocked and devastated by the Fort McMurray fire in May 2016 which destroyed approximately 2,400 homes and businesses and forced the largest wildfire evacuation in Alberta's history. The staff in Fort McMurray demonstrated incredible resilience, courage and commitment both during and after the evacuation. Despite their own terrible losses, staff were totally committed to ensuring the safety and well-being of their clients. In the midst of an unthinkable situation, these staff epitomized the true spirit of McMan. Other staff from across the province – again in the true spirit of McMan – quickly and generously coordinated donations, temporary housing and supports for the staff who evacuated Fort McMurray.

Highlights from the year included:

- Last August McMan partnered with a project in Edmonton to find better solutions to support people with very complex needs. As a result of this partnership we started The Specialized Support for Independence Program which provides unique support in a residential setting for up to 3 individuals who suffer from addictions, mental health and homelessness.
- Medicine Hat received funding from Family and Community Support Services for a six month, collaborative, pilot project designed to assist families impacted by the downturn in the oil and gas industry.
- A Family Reunification Program was developed and implemented with the Delegated First Nation Agency of Maskwacis in Central Region. Central Region also developed PDD services for adults providing outreach and housing.
- A Rapid Rehousing pilot program launched this year in Calgary for youth between the ages of 15-24 who are newly homeless.
- Also in Calgary, the Dialectical Behaviour Therapy (DBT) Food Fusion Skills Program launched earlier this year at a community kitchen where youth are taught one emotional well-being skill each week, while learning how to cook.

On behalf of the Provincial Board of Directors and all of our Regional Boards, I extend our sincere thanks and appreciation to all of our staff, foster parents and volunteers. It is an honour to be associated with them and to share in their successes.

Chad Evans, President
 Provincial Board of Directors

Financials

Statement of Financial Position McMan Youth Family and Community Services Association

	March 31	
	2017	2016
ASSETS		
CURRENT ASSETS		
Cash and short-term		
investments	\$ 15,602,885	\$ 19,824,625
Accounts receivable	2,242,856	3,468,632
Prepaid expenses and deposits	601,912	415,405
	<u>18,447,653</u>	<u>23,708,662</u>
PROPERTY AND EQUIPMENT	<u>12,638,621</u>	<u>8,329,842</u>
	<u>\$ 31,086,274</u>	<u>\$ 32,038,504</u>
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	\$ 4,797,513	\$ 5,641,771
Callable debt	2,000,000	0
Deferred contributions	1,843,289	6,550,738
Unexpended program surpluses	2,434,810	3,154,157
Current portion of long-term debt	363,330	313,535
	<u>11,438,942</u>	<u>15,660,201</u>
LONG-TERM DEBT	4,842,124	3,896,972
DEFERRED CONTRIBUTIONS RELATED TO PROPERTY AND EQUIPMENT	3,082,576	1,261,121
NET ASSETS		
Contingency fund	1,187,312	1,097,072
Dare to Dream fund	59,780	53,369
Capital reserve fund	3,925,889	3,375,889
Invested in property and equipment	2,350,591	2,858,214
Unrestricted	4,199,060	3,835,666
	<u>11,722,632</u>	<u>11,220,210</u>
	<u>\$ 31,086,274</u>	<u>\$ 32,038,504</u>

Statement of Operations McMan Youth Family and Community Services Association

	Year Ended March 31	
	2017	2016
REVENUE		
Program revenue	\$ 69,667,328	\$ 69,434,134
Interest and other	819,838	1,245,757
Donations, fundraising and grants	652,697	468,325
	<u>71,139,863</u>	<u>71,148,216</u>
EXPENSES		
Compensation	49,983,618	48,537,970
Facility and direct client costs	16,779,762	17,275,871
Administration	1,308,487	1,492,759
Office	1,115,064	1,260,105
Vehicles	193,807	204,402
Direct program support from donations and fundraising	115,663	83,471
Amortization	845,827	662,020
Donations and fundraising	36,969	77,888
Interest on callable debt	55,956	0
Interest on long-term debt	182,579	156,444
Equipment	19,709	16,163
	<u>70,637,441</u>	<u>69,767,093</u>
	<u>\$ 502,422</u>	<u>\$ 1,381,123</u>





KEEPING FAMILIES CONNECTED

McMan has been working with a family in which Mom and Dad have struggled with drug abuse and homelessness and who lived in a tent for most of 2016. They have both also struggled with domestic violence.

Throughout the fall, McMan supported Mom in building stronger boundaries with Dad and in building her understanding of the cycle of abuse.

After a particularly violent incident around Christmas, Mom accessed the women's shelter and Dad was remanded. Through the women's shelter, Mom was able to secure housing and has maintained her housing since January 2017. Mom self-reports being 6 months clean from drugs and recently, visits with

her children have been increased to twice per week, with one visit being completely unsupervised. She is accessing counselling services and reports feeling the healthiest she has ever been.

FOSTERING INDEPENDENCE

Public transportation for people with disabilities is very challenging in all communities but is even more difficult in smaller municipalities.

Trevor, Greg and Regan who live in Leduc, needed transportation to get them to their jobs, church and various social activities. With the support of some very dedicated staff, their parents and the community, these three gentlemen developed a presentation and began petitioning the service clubs, church groups and community for support.

After a few bottle drives, a raffle or two, some community events and very generous donations, a brand new van with the necessary adaptations was purchased just eight and a half months after the campaign was started.

The men have been unstoppable ever since!



Trust, Empathy, Commitment, Respect, and Genuineness are the values on which McMan establishes relationships with clients, employees and the community we serve.

Trust: *McMan honours individuals by providing a confidential and consistent approach to relationships.*

Empathy: *McMan connects with each individual in order to understand their unique situation.*

Commitment: *McMan is focused, engaged, and dedicated to each individual we support.*

Respect: *McMan acknowledges and considers each individual's situation, thoughts and values.*

Genuineness: *McMan embraces honesty, sincerity, and remains judgement-free when working with individuals.*

Our Founders

Norah Cantin (nee McNamara) - John Meston

Jim Allers - Rick Newcombe

We Could Not Have Done It Without You

McMan Youth, Family and Community Services wishes to express its sincere appreciation to the individuals and organizations who have contributed to and supported the Association.

Together, we are making a difference in our community.

www.mcman.ca

