

Financials

McMan Youth, Family and Community Services Association

Statement of Financial Position

	March 31 2020	March 31 2019
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	\$ 17,296,788	\$ 13,807,599
Short-term investments	0	5,000,000
Accounts receivable	2,993,158	4,076,875
Prepaid expenses and deposits	376,398	324,438
	20,666,344	23,208,912
PROPERTY AND EQUIPMENT	13,083,675	11,567,893
	<u>\$ 33,750,019</u>	<u>\$ 34,776,805</u>
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	\$ 5,929,370	\$ 5,883,630
Callable debt	0	2,000,000
Deferred contributions	1,739,976	4,532,618
Unexpended program surpluses	5,231,952	3,560,138
Current portion of long-term debt	463,634	333,759
	13,364,932	16,310,145
LONG-TERM DEBT	5,945,038	4,152,990
DEFERRED CONTRIBUTIONS RELATED TO PROPERTY AND EQUIPMENT	2,509,416	2,706,360
NET ASSETS		
Contingency fund	1,398,542	1,299,447
Dare to Dream fund	68,151	74,281
Capital reserve fund	2,517,825	4,025,889
Invested in property and equipment	4,165,587	2,374,784
Unrestricted	3,780,528	3,832,909
	11,930,633	11,607,310
	<u>\$ 33,750,019</u>	<u>\$ 34,776,805</u>

Statement of Operations

	Year Ended March 31	
	2020	2019
REVENUE		
Program revenue	\$72,025,829	\$71,801,375
Interest and other	1,080,012	843,988
Donations, fundraising and grants	989,634	746,289
Gain on disposal of property and equipment	14,662	4,443
	<u>74,110,137</u>	<u>73,396,095</u>
EXPENSES		
Compensation	51,259,476	51,177,348
Facility and direct client costs	17,575,015	17,662,220
Administration	1,751,381	1,437,248
Office	1,243,100	1,037,861
Amortization	863,982	893,138
Direct program support from donations and fundraising	453,123	109,799
Interest on long-term debt	257,425	180,481
Vehicles	245,988	219,651
Donations and fundraising	75,324	46,967
Equipment	47,370	30,187
Interest on callable debt	14,360	86,549
	<u>73,786,814</u>	<u>72,881,449</u>
	<u>\$323,323</u>	<u>\$514,646</u>

Since 1975

Trust, Empathy, Commitment, Respect, and Genuineness are the values on which McMan establishes relationships with clients, employees and the community we serve.

Trust: McMan honours individuals by providing a confidential and consistent approach to relationships.

Empathy: McMan connects with each individual in order to understand their unique situation.

Commitment: McMan is focused, engaged and dedicated to each individual we support.

Respect: McMan acknowledges and considers each individual's situation, thoughts and values.

Genuineness: McMan embraces honesty, sincerity and remains judgement-free when working with individuals.

2019/2020 Provincial Board of Directors

(at March 31, 2020)

Executive Committee:

President: Chad Evans
Vice President: Jace Anderson
Treasurer: Perry Sollway
Secretary: Valerie Dyck

Members:

Karen Chown Wendy Motley
Todd Fior Murry Whitby
Natalie Townshend Michael Selci

Our Founders

Norah Cantin (nee McNamara)
John Meston
Jim Allers
Rick Newcombe

We could not have done it without you.

McMan Youth, Family and Community Services wishes to express its sincere appreciation to the individuals and organizations who have contributed to and supported the Association.

Together, we are making a difference in our community.

www.mcman.ca

CHARITABLE REGISTRATION #119035947RR0001



2019-2020 Annual Report



Our Mission

To support and encourage individuals and families to reach their full potential as members of their community.

Clients Served

People with Disabilities	272
Children and Youth	6773
Families	3374
Adults	1800

Success Stories

Nick's Success Story

Nick first came to our program in 2013. While Nick was a likeable, outgoing and friendly young man, he struggled with drugs, alcohol and criminal behaviour and was unable to find a balance between having fun and successfully living his life. The staff did a lot work with Nick; helping him to understand what it meant to have FASD, understanding how his brain worked, and developing strategies that he could use to combat the trauma he had experienced early in his life. The staff also continued to support Nick in and out of periods of incarceration and helped him to recognize the patterns in his life and how alcohol and drugs impacted his life.

Slowly Nick started to talk about his difficulties and recognize his strengths. As he began taking control of his life and acknowledging the trauma he had experienced, the patterns in his life started to

change. There were longer periods of time between incarcerations and eventually, stable housing, following a number of evictions. Nick also began to recognize the importance of relationships. With the support of the Dare to Dream Fund Nick was able to travel out east to reconnect with his long term foster mom. He was happy to rekindle family relationships and continued to reach out to other family members – both foster and biological.

In 2018 Nick connected with Narcotics Anonymous and started to live a sober lifestyle. And although he was receiving AISH, he knew he would be happier and healthier if he was employed. Staff helped him to explore his strengths and he chose a career for himself. This year Nick went to Fort McMurray and completed his Heavy Duty Equipment Operators course and finished as one of the top of his class!

Making a difference

Son's Success Story

"Son was 15 and entering high school and decided to join the ReStart Program; "I was making poor choices with the company I was keeping which ultimately led me to have run-ins with the law. I was living life on the edge and didn't care about consequences."

The ReStart program is a school-based leadership program for vulnerable youth designed to increase their skills and confidence.

"ReStart connected me with other youth with similar experiences as me. It provided a space for us to reflect on our past actions and be real about what we thought and felt. Looking back, I took the skills I learned and started putting them into practice. Music has always been a passion of mine, so I began writing more songs at that time too."

Now, four years later, Son works with the Robb Nash Project which is an immersive music presentation for at-risk youth and has just released his first EP. Son has also been accepted into the Youth Justice program for Fall 2020 and hopes to eventually work in a youth crime prevention program.

"Without the push I got from ReStart my life could have gone down a very different path. This program provided me an opportunity to change my life before hitting rock bottom."

President's Message

My name is Chad Evans and I am honored to have been the President of the Provincial Board of Directors over the last year.

Today, our efforts continue to support Alberta's most vulnerable, as demonstrated by the accomplishments highlighted in this year's Annual Report. Each year, new programs and opportunities to serve others are introduced that are collaborative and creative. The commitment to quality and innovative programing demonstrated by McMan staff has not wavered.

Highlights from the year included:

In Edmonton and North we continued the process of becoming a CARE certified agency. The CARE model places prime importance on staff's ability to be self-aware, reflective, truly responsive, and not just reactive. It allows staff to help heal the pain and trauma at the heart of young peoples' experiences rather than controlling behaviour. This approach has had a tremendously positive impact on the lives of the young people we work with.

As part of a broader initiative focusing on psychological health and safety in the workplace,

the team of Program Supervisors in Edmonton & North participated in the initial development of a model of **Relationship Based Supervision and Support**. The model is grounded in the genuine investment in the personal and professional development of employees and means that we see employees as people and are interested not only in their job performance but in their well-being.

Over the past year, McMan Calgary & Area has deepened our practice of embedding **natural supports and trauma informed care** into every stage of service delivery. We have augmented our outcomes and evaluation framework to both measure and reflect these changes and have begun to see shifts in client outcomes. We have also made great strides towards enhancing our technological infrastructure to support client access to services, resources and information. This includes the launch of a new website and equipping all staff with the hardware and software required to work remotely.

All Central Programs were accredited during this last fiscal year and received three-year accreditation status. Effective April 1st, 2020 all Parent Link Centers and Healthy Families Programs were given notice as the Ministry of Community and Social Services moved to implementation of a Family Resource Network model of service delivery throughout the province. The Parent Link Centre closures affected 6 locations in our region.

Drop'n Beats is a youth recording program that has been revitalized after funding ended a number of

years ago in the South Region. The primary focus of Drop'n Beats is to provide youth with a full-service recording studio, as well as professional mixing and mastering services, musical teaching, performance opportunities, and a fulfilling musical experience. In addition to the practical skills taught at Drop'n Beats, youth are provided with a positive, productive emotional outlet, peer support, and empowerment through the creative process. The program is open to all youth, regardless of their musical skill-level or special needs. McMan strives to empower youth participants through the creative process; moreover, Drop'n Beats provides even the most voiceless youth with a voice. Drop'n Beats is an innovative means to increase youth's developmental assets using music. Youth are drawn into the project as music is very popular among young people. The initial draw may be the love of the music; however, the experience of this project provides opportunities for teamwork, contribution, leadership, conflict-resolution, work skills, emotional health, relationship building, and increased resilience.

Our success is the community's success. With the ongoing support of our funders, donors, partners, Board and volunteers, McMan Youth, Family and Community Services Association is ready for the challenges and achievements ahead in 2020/21.