

# Financials

## McMan Youth, Family and Community Services Association

### Statement of Financial Position

	March 31 2024	March 31 2023
<b>ASSETS</b>		
<b>CURRENT ASSETS</b>		
Cash and cash equivalents	\$ 23,594,900	\$ 20,391,874
Accounts receivable	6,581,495	4,710,733
Prepaid expenses and deposits	661,337	538,858
Restricted cash	276,211	373,609
	<u>31,113,943</u>	<u>26,015,074</u>
<b>PROPERTY AND EQUIPMENT</b>	9,742,574	9,378,411
	<u>\$ 40,856,517</u>	<u>\$ 35,393,485</u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT LIABILITIES</b>		
Accounts payable and accrued liabilities	\$ 8,125,116	\$ 8,230,175
Unexpended program surpluses	5,546,857	5,996,112
Restricted funds payable	276,211	373,609
Deferred contributions	7,094,343	1,754,813
Current portion of long-term debt	195,203	229,223
	<u>21,237,730</u>	<u>16,583,932</u>
<b>LONG-TERM DEBT</b>	1,876,172	2,069,099
<b>DEFERRED CONTRIBUTIONS RELATED TO PROPERTY AND EQUIPMENT</b>	1,573,309	1,611,135
	<u>24,687,211</u>	<u>20,264,166</u>
<b>NET ASSETS</b>		
Invested in property and equipment	6,097,890	5,468,954
Internally restricted	6,191,673	6,149,874
Unrestricted	3,879,743	3,510,491
	<u>16,169,306</u>	<u>15,129,319</u>
	<u>\$ 40,856,517</u>	<u>\$ 35,393,485</u>

### Statement of Operations

	Year Ended March 31	
	2024	2023
<b>REVENUE</b>		
Program revenue	\$ 88,207,948	\$ 84,080,476
Donations, fundraising and grants	435,511	209,002
Interest and other	2,037,008	987,317
Amortization of deferred capital contributions	155,238	163,595
Gain on disposal of property and equipment	87,304	1,428,756
	<u>90,923,009</u>	<u>86,869,146</u>
<b>EXPENSES</b>		
Compensation	65,097,347	60,649,720
Facility and direct client costs	19,662,712	19,595,113
Office	1,725,808	1,512,717
Administration	1,915,693	1,858,479
Amortization	879,046	902,265
Interest on long-term debt	94,792	153,220
Automotive	343,945	285,050
Direct program support from donations and fundraising	95,369	67,252
Equipment	91,067	72,796
Donations and fundraising	94,656	29,319
	<u>90,000,435</u>	<u>85,125,931</u>
	<u>\$ 922,574</u>	<u>\$ 1,743,215</u>

## Since 1975

*Trust, Empathy, Commitment, Respect, and Genuineness are the values on which McMan establishes relationships with clients, employees and the community we serve.*

**Trust:** McMan honours individuals by providing a confidential and consistent approach to relationships.

**Empathy:** McMan connects with each individual in order to understand their unique situation.

**Commitment:** McMan is focused, engaged and dedicated to each individual we support.

**Respect:** McMan acknowledges and considers each individual's situation, thoughts and values.

**Genuineness:** McMan embraces honesty, sincerity and remains judgement-free when working with individuals.

McMan Youth, Family and Community Services wishes to express its sincere appreciation to the individuals and organizations who have contributed to and supported the Association.

***Together, we are making a difference in our community.***

www.mcman.ca

CHARITABLE REGISTRATION #119035947RR0001

## 2023/2024 Provincial Board of Directors

(at March 31, 2024)

### Executive Committee:

President: Chris Salek  
Treasurer: Perry Sollway  
Secretary: Allison Nestorvich

### Members:

Chad Evans                      Kristen Krein  
Kirstin Danielson          John McDermott  
Valerie Dyck                    Young Dawson

## Our Founders

Norah Cantin (nee McNamara)  
John Meston  
Jim Allers  
Rick Newcombe

***We could not have done it without you.***



# 2023-2024 Annual Report





## Our Mission

To support and encourage individuals and families to reach their full potential as members of their community.

## Success Stories

### Therapeutic Foster Care (TFC) - Calgary

Two-year-old Jamie started life with a compromised nervous system because of methamphetamines exposure in-utero. He required an NICU stay of 9 days to help with withdrawal at birth. This exposure further affected Jamie later with hyperactivity and impulsiveness, indicating an extreme need for support and further assessment from professionals.

Generally accepting children ages 6-12, the TFC moms heard about young Jamie and were immediately willing to take on the extra measures to be the caregivers to Jamie and provide him with multiple supports. Presenting with multiple concerns such as a compromised nervous system resulting in intense sensory issues (oral, movement, touch, auditory), he was constantly moving, jumping, pushing, hitting, climbing, yelling at others to meet his sensory needs. He rarely slept, was aggressive and a danger to other children.

Through an immense amount of dedicated teamwork within the TFC community, Jamie's daycare facility and his growing group of connection, both biological and community, Jaimie started to make incredible growth. Though, not without challenge, the support provided from the TFC and the growing connections around him have helped Jamie reach several milestones to celebrate, such as securing a relationship with his paternal Grandmother

## Clients Served

People with Disabilities	977
Children and Youth	6170
Families	5773
Adults	1791

and Uncle who can provide him access to his culture, as well as his pediatrician reporting that he no longer requires previously prescribed psychotropic medications. Yet, the greatest celebration of all, less than a year later, Jamie's adoption package has been approved!

### Therapeutic Foster Care (TFC) - South

TFC supports a 13-year-old youth who has been in the Ministry's care since the age of two months. The child was placed in a long-term foster home with caregivers they consider "Mom" and "Dad". This child was welcomed and loved by the family, and their extended members while also maintaining connections with their birth family. When the youth was seven years old, "Mom" passed away from cancer which had a significant impact on the placement. "Dad" struggled to cope with the loss of his wife and the child was removed from the home due to concerns regarding appropriate care.

When TFC began to utilize Family Finding, they came across "Mom's" extended family members through Facebook, who had no current knowledge of the removal of the child from "Dad's" care and the true magnitude of the situation was never communicated to them. The extended family were under the impression the child remained with "Dad," and shared they had not heard or seen the child since they were 7 years old.

"Mom's" sister, "Aunt J" agreed to participate in a video call, leading to an emotional reconnection, and shortly thereafter with help from the extended family as well as the birth family, a plan was made for the youth to visit "Aunt J" and others, over a weekend in Saskatchewan. The birth family was supportive in creating this plan and agreed to transport the youth and stay at the hotel with "Aunt J" and family over the weekend, with successful results leading to opportunities for future visits. The Family Finding principles and teamwork of TFC and the biological family helped solidify to the child that they are loved and supported by all their families.

### Supported Independent Living - Edmonton

Nick first came to our program in 2013. While Nick was likeable, outgoing, and friendly, he struggled with FASD, leading to drugs, alcohol, and criminal behaviour. He was unable to find a balance between having fun and successfully living his life. The staff did a lot of work with Nick, helping him to understand what it meant to have FASD and how his brain worked, and continued to support Nick in developing strategies that he could use to combat the trauma he had experienced early in his life. Even during periods of incarceration, they helped him to recognize the patterns in his life and how alcohol and drugs were impacting his future.

Slowly Nick started to talk about his difficulties and recognize his strengths. As he began taking control of his life and acknowledging the trauma he had experienced, the patterns in his life started to change. There were longer periods of time between incarcerations and eventually stable housing, following several evictions. As Nick began to recognize the importance of relationships, with the support of the Dare to Dream Fund, Nick was able to reconnect with his long term foster Mom. He was happy to rekindle family relationships and continued to reach out to other family members – both foster and biological.

In 2018 Nick connected with Narcotics Anonymous and started to live a sober lifestyle. Although receiving AISH at the time, he knew he would be happier and healthier if he was employed. Staff helped him to explore his strengths and he chose a career for himself. This year Nick went to Fort McMurray and completed his Heavy-duty Equipment Operators course and finished as one of the tops of his class!



## President's Message

My Name is Chris Salek and I am honoured to serve as the 2023/2024 President of McMan's Provincial Board of Directors.

I would like to extend my sincere appreciation to the teams in Calgary, Edmonton, Central Alberta, and Southern Alberta who continue to provide unwavering support to our provinces most vulnerable individuals and families. We are immensely grateful to the community for their ongoing support which has played an integral role in the success of our services this past year.

Throughout the past year, we were able to continue to provide vital support to vulnerable children, youth, families, and individuals across the province. Our teams have helped these individuals build and maintain strong connections and support systems in the community, while providing them with the skills and resources to make positive long-lasting changes in their lives. Our commitment to McMan's mission has allowed us to bring hope to over 19,000 people throughout the province.

This upcoming year, the regions will continue to strive for excellence and expand their reach to ensure that no one is left behind. Together, we can foster positive long-lasting change and create a brighter future for the individuals in our communities.

### Highlights from the year included:

#### Calgary

McMan Calgary was successful in the application to the City of Calgary in support of a "Neighborhood Hub" that will operate out of the James House. In partnership with Homespace, the "Neighborhood Hub" will collectively empower individuals receiving housing support through McMan, and other housing programs, to pursue the goal of independence by offering a safe space where they can connect, engage in learning opportunities, and access resources all in one place. The "Hub" will provide individuals with skill-building, health, and well-being services, workshops to promote community engagement, and cultural activities to facilitate the knowledge and skills required to find and maintain stable housing. Many thanks to the following donors and supporters for assisting us with the construction of the space; Hoover Mechanical, Kelmar LTD, Fox Air Systems, Spaar, Coast Appliances, Zen Living and CSM Interiors - And most notably to Tim Logel, from Logel Homes for your generous community partnership.

McMan Calgary was also successful in receiving funding from the Alberta Office to Combat Trafficking in Persons (AOCTIP) in collaboration with Hull Services and our partnership and work with Not in My City. This funding supports the current collaborative work through the Community Response Model (CRM). It provides outreach-based rapid response and short and long-term case management services for adolescents (aged 12-22) who are victims of sexual exploitation and trafficking.

#### South

McMan South was awarded their first Persons with Developmental Disabilities contract. The program provides both residential and outreach supports to persons with developmental disabilities in the Crownsnest Pass area of Alberta.

#### Edmonton & North

McMan Edmonton and North started a journey for Indigenous Framework development. This process will serve as an agency-wide support for our well-established relationships with many Indigenous communities.

Through an established framework, we will augment and strengthen our Indigenous Worldview, ultimately providing more respectful and culturally supportive services to vulnerable Albertans.

Additionally, one more notable highlight for McMan Edmonton and North, with yet another successful CARF re-accreditation, we were referred to as a Gold Standard Provider by both our funder and the review team.

#### Central

McMan Central's Rx Living Well Social Prescribing pilot program was launched October 1st, 2023. Older adults, ages 55+ who reside in Innisfail can be referred to the program by regulated health professionals such as their physician, a registered nurse, pharmacist, dentist, physiotherapist, etc. A link worker then works with the adult to co-create a care plan to ensure that supports can be in place in the areas of food security, case management, home and yard maintenance, financial assistance, service navigation and social and recreational programs. People experiencing loneliness and/or isolation, or who live with mental health concerns are eligible to receive aging in community supports. This two-year pilot project had 51 referrals within the first 6 months.