

# Financials

McMan Youth, Family and Community Services Association

## Statement of Financial Position

	Year Ended March 31	
	2025	2024
<b>ASSETS</b>		
<b>CURRENT ASSETS</b>		
Cash and cash equivalents	\$ 22,109,644	\$ 23,594,900
Accounts receivable	7,282,607	6,581,495
Prepaid expenses and deposits	500,974	661,337
Restricted cash	148,721	276,211
	30,041,946	31,113,943
<b>PROPERTY AND EQUIPMENT</b>	10,370,334	9,742,574
	<u>\$ 40,412,280</u>	<u>\$ 40,856,517</u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT LIABILITIES</b>		
Accounts payable and accrued liabilities	\$ 7,835,732	\$ 8,125,116
Unexpended program surpluses	4,590,525	5,546,857
Restricted funds payable	148,721	276,211
Deferred contributions	6,104,518	7,094,343
Current portion of long-term debt	208,466	195,203
	18,887,689	21,237,730
<b>LONG-TERM DEBT</b>	2,136,857	1,876,172
<b>DEFERRED CAPITAL CONTRIBUTIONS</b>	1,646,475	1,573,309
	<u>22,671,021</u>	<u>24,687,211</u>
<b>NET ASSETS</b>		
Invested in property and equipment	6,378,536	6,097,890
Internally restricted	6,203,351	6,191,673
Unrestricted	5,159,372	3,879,743
	<u>17,741,259</u>	<u>16,169,306</u>
	<u>\$ 40,412,280</u>	<u>\$ 40,856,517</u>

## Statement of Operations

	Year Ended March 31	
	2025	2024
<b>REVENUE</b>		
Edmonton & North Region	\$ 50,610,962	\$ 47,184,013
South Region	17,073,789	15,484,135
Central Region	15,070,749	14,097,177
Calgary Region	13,167,458	14,156,476
Provincial Shared Services	2,675	1,208
	<u>95,925,633</u>	<u>90,923,009</u>
<b>EXPENDITURES</b>		
Edmonton & North Region	49,044,276	46,703,983
South Region	16,872,414	15,204,459
Central Region	15,220,556	14,039,834
Calgary Region	13,288,640	13,955,885
Provincial Shared Services	85,294	96,274
	<u>94,511,180</u>	<u>90,000,435</u>
Excess of revenue over expenditures	<u>\$ 1,414,453</u>	<u>\$ 922,574</u>

## Since 1975

*Trust, Empathy, Commitment, Respect, and Genuineness are the values on which McMan establishes relationships with clients, employees and the community we serve.*

**Trust:** McMan honours individuals by providing a confidential and consistent approach to relationships.

**Empathy:** McMan connects with each individual in order to understand their unique situation.

**Commitment:** McMan is focused, engaged and dedicated to each individual we support.

**Respect:** McMan acknowledges and considers each individual's situation, thoughts and values.

**Genuineness:** McMan embraces honesty, sincerity and remains judgement-free when working with individuals.

## Clients Served This Year

People with Disabilities	725
Children and Youth	10,454
Families	4,737
Adults	3,695

## 2024/2025 Provincial Board of Directors

(at March 31, 2025)

### Executive Committee:

President: Chris Salek

Treasurer: Perry Sollway

Secretary: Allison Nestorvich

### Members:

Zabin Jadavji

Gabriel Oyedele

Chad Evans

Allison Nestorvich

John McDermott

Craig Edhart

Perry Sollway

Chris Salek

Kristin Krein

## Our Founders

Norah Cantin (nee McNamara)

John Meston

Jim Allers

Rick Newcombe

*We could not have done it without you.*

# 2024-2025 Annual Report

McMan Youth, Family and Community Services expresses heartfelt gratitude to the individuals, partners, and organizations who have supported our mission. Your commitment and generosity make our work possible.

*Together, we are making a difference in our community.*



McMan





## Success Stories

### Hope Heights - McMan Calgary

Bill's story is one of resilience, determination, and transformation. With a positive, can-do attitude, he set out to achieve his goal of living independently, adjusting to his new physical abilities, and strengthening relationships with family. Though the journey was not easy, Bill embraced every challenge with perseverance, leaning on his team for support and allowing others to connect with him in ways he hadn't before.

In the past, Bill faced mobility challenges from a significant accident—he relied on home care support, used a medical alert system, and struggled with basic daily tasks. Something as simple as putting on socks took hours, and he spent most of his time in a wheelchair. Through his persistence and dedication, he can put on socks in just five seconds. Bill hadn't seen his family in years. Importantly, he has reconnected with his family, strengthening his relationships with his son and his brother, and visited his family on Vancouver Island for the first time in 13 years. Today, he is fully mobile, connected to his family, living independently, at Hope Heights, and no longer requires home care. With time and effort, and the unwavering support of his family, Bill transformed his life.

Bill's journey was supported by a dedicated team who rallied around him every step of the way. They provided emotional support, guidance on obtaining essential documents like his birth certificate and ID, and encouragement in achieving his rehabilitation goals. Through their combined efforts, Bill successfully completed physiotherapy, secured financial assistance through Alberta Works and AISH, and obtained a bike for greater mobility. Through this experience, his drive to push forward and remain open to new opportunities has led him to consider volunteering and motivational speaking, inspiring others with his story. Bill's story is not just one of personal triumph—it's a testament to the power of resilience, community, and the unwavering belief that transformation is possible.

### Protection of Sexually Exploited Children Act (PSECA) – McMan South

The PSECA Outreach worker has been providing support to a 14-year-old girl who was determined to be at very high risk for sexual exploitation. This youth has faced significant challenges, including long periods of homelessness and stays at youth shelters in Medicine Hat, Lethbridge, PChAD, and Alberta Health Services youth treatment centre.

Through extensive collaboration between the PSECA Outreach worker, Children and Family Services, the youth's mother, and

multiple service providers across Medicine Hat, Lethbridge, and Calgary, we were able to effectively implement the PSECA legislation. This allowed Child and Family Services to request 21 days at a PSECA protective safe house in Edmonton, providing her with the safety and stability she urgently needed, plus an additional 21 days upon further assessment.

During her stay, she has engaged positively with counsellors, participated in youth groups and activities, and has shown remarkable personal growth. With discharge planning now underway, her progress stands as a testament to the power of comprehensive, multi-agency support. This case highlights the importance of collaboration and advocacy when supporting youth experiencing sexual exploitation. Her positive engagement with PSECA services underscores the effectiveness of our collaborative approach, reinforcing our commitment to safeguarding vulnerable youth and guiding them toward brighter futures.

### Mental Health in Schools - McMan Central

There is a dedicated mother to her son, who has special needs. However, the daily challenges of parenting often left her feeling overwhelmed and stressed. Feeling isolated and on edge, they were caught in a cycle of stress. She wanted to be a nurturing parent, but past trauma and the pressures of daily life made it hard for her to respond calmly. When a McMan staff was assigned to support them, the mom was initially hesitant. She feared judgment; however, the situation was approached with compassion and empathy by McMan, creating a safe space for the mom to express her feelings.

As she learned more about self-care and co-regulation, she practiced techniques to stay calm during stressful moments. The staff introduced her to support groups and respite care services for parents of children with special needs, where the mom found solace in sharing her experiences with others who understood her challenges, and taking valuable, necessary breaks to recharge. As months went by, the changes in both of them were remarkable. The son became more open and trusting, responding positively to these new methods of support and their home transformed into a place filled with love and understanding. They began to enjoy spending time together and started participating in activities like hockey, scootering around town, delivering a paper route together and spending time with neighbours.

The moms' journey was not just about improving her parenting; it was also about healing her own wounds. Through each visit, she learned to confront her past and understand its impact on her present. This newfound awareness empowered her to respond to

challenges with empathy and resilience. With the right support, understanding, and commitment to growth, families can overcome challenges and create nurturing environments where both parents and children thrive.

### Shared Living Program - McMan North (Grande Prairie)

Dale is a 47-year-old man with a developmental disability, who had lived with his parents his whole life until they both passed away a few years ago. He was living alone in a trailer on his family's property. His living conditions were extremely poor, very little light, lack of heat, plumbing issues, and limited social contact. It was common that the only social interaction Dale had, was occasionally being able to attend church, which brought him the limited joy in his life.

Becoming aware of the horrific conditions, Dale's Aunt advocated to PDD for him to be approved for funding and seek a Shared Living placement. At the first intake meeting with Dale, the Grande Prairie team immediately knew he would be a great fit for the program. Since moving into a Shared Living home in October 2024, Dale has felt at home and has been thriving! He has learned many new life skills, spent countless hours exploring the 'big city', and begun his journey for self-expression by shopping for new sparkly, attention-grabbing clothes and accessories. He finally feels comfortable to be himself and express himself with his fashion choices. Dale is very vocal about how much he enjoys his home, his new friends, his church connections, and the support of McMan and his dedicated team. He continually seeks reassurance that he will not have to move back to where he came from.

Our Executive Director, Chris Simonson was fortunate enough to meet Dale recently, and Dale's smile lit up the room. Dale made a point to take Chris aside and share his journey; while he was silent for years, with the support of McMan he is going to keep talking for the rest of his life! Dale's story is one example of the amazing work that happens each and every day, that every story matters and lives truly are changed through the compassionate work of our teams. He is an absolute joy to serve in the program; watching him grow and become the person he wants to has been absolutely heartwarming!

## Our Mission

**To support and encourage individuals and families to reach their full potential as members of their community.**



## President's Message

*My Name is Chris Salek and I am honoured to serve as the 2024/2025 President of McMan's Provincial Board of Directors.*

As I reflect on the year, I would like to extend my sincere appreciation to the dedicated teams in Calgary, Edmonton, Central and Southern Alberta who continue to provide unwavering support to our provinces most vulnerable individuals and families.

We are also deeply grateful to our community partners and supporters. Your continued belief in our work has been essential to the success and growth of our programs and services across the province.

Over the past year, McMan has remained steadfast in our commitment to supporting vulnerable children, youth, families, and individuals in need. Across Alberta, our teams have helped more than 19,000 people build meaningful connections, strengthen their support systems, and gain the tools and confidence to create lasting, positive change in their lives.

Looking ahead, McMan will continue to strive for excellence in everything we do. We remain committed to expanding our impact and ensuring that no one is left behind.

Together, we will continue to foster transformation and build brighter futures for the individuals in the communities we serve.

## Highlights from the year:

### McMan Calgary & Area

#### Advancing Truth and Reconciliation

Over the past year, McMan Calgary deepened its commitment to supporting Indigenous youth and families through the development of a comprehensive Indigenous Strategy, validated by Elders. This work strengthens our relationships with Indigenous communities, promotes cultural understanding, and advances meaningful action toward reconciliation and empowerment.

#### Hope Heights: A New Model for Affordable, Intergenerational Housing

In Calgary, we proudly celebrated the opening of Hope Heights, a collaborative initiative with Highbanks Society and HomeSpace. This innovative program provides 35 affordable housing units and is built around an intergenerational living model that supports seniors, young adults, and young mothers—particularly from Indigenous communities—fostering a sense of connection, mentorship, and community.

#### Expanding Foster Care Capacity

To meet the growing demand for quality placements, McMan Calgary expanded its foster care program to 80 beds. This growth strengthens our ability to provide stable, supportive homes for children and youth in need of care.

### McMan South

McMan South continues to grow its impact with the expansion of the Personalized Community Care Program, enhancing support for individuals with complex needs. In addition, the Lethbridge Drug Treatment Court Manager and Peer Mentor are leading a provincial research project to develop a Peer Mentor Framework for the Government of Alberta, Justice & Solicitor General.

### McMan Central

On April 1, 2024, McMan Central launched two new programs to address critical service gaps in Central Alberta. COPE (Collaborative Outreach Preventing Exploitation) supports youth aged 12 to 24 who are at risk of or involved in sexual exploitation. ReDirect provides early intervention for children aged 6 to 11 who are exhibiting high-risk criminal behavior and have complex needs. Together, these programs have made a strong impact in their first year, serving nearly 70 youth.

McMan Central also prepared to conclude the Mental Health in Schools Project, a two-year pilot delivered in partnership with a local school division. This unique initiative provided intensive in-home mental health supports to 150 families, offering vital early intervention within the school system.

### McMan Edmonton & North

#### Walking the Path of Reconciliation

This year, McMan Edmonton and North proudly embarked on a meaningful journey of reconciliation through the co-creation of our Indigenous Reconciliation Strategy in partnership with Tanya T. Consulting. This collaborative process has been transformative and has created meaningful relationship-building within our organization and the wider community.

A key milestone in this journey was the completion of seven Indigenous Educational Sessions, where we had the privilege of learning from Elders and community members generously share their knowledge and experiences. These sessions have deepened our understanding and strengthened the foundation for ongoing allyship.

Our Indigenous Reconciliation Strategy will guide McMan Edmonton and North through 2028, marking the beginning of our long-term commitment to reconciliation and collaborative change. We are deeply grateful for the relationships built and the wisdom shared, and we look forward to continuing this important work together.